# ePortfolios for Reflection

7 Best Practices

#### Overview

The use of ePortfolios for reflection in the learning process has recently been identified by the Association of American Colleges and Universities (AAC&U) as one of eleven high impact practices in response to evidence of its connection to elevated performance, increased satisfaction, and greater levels of student persistence (Watson, Kuh, Rhodes, Penny Light, & Chen, 2016). This guide provides a synthesis of current best practices relevant to the use of ePortfolios for reflection in higher education that are *all informed by the references cited*.

### 1. Follow a "Collect, Select, Reflect" process

- a. **Collect:** Gather artifacts that could be used to demonstrate learning (assignments, photos, articles, links to relevant websites, ideas, etc.)
- b. **Select:** Ask students to select specific artifacts for intended purposes (representations of best work, demonstration of progression, etc.)
- c. **Reflect:** Ask students to consider what they selected, why they chose to select it, and how/why it is important to their learning

### 2. Use the Integrative Learning model

- a. Integrative Learning = learning over time + learning across context + intention
- b. Provide an on-going learning community where students can share ideas over time (beyond the time frame of one course)
- c. Provide students with a timeline and checkpoints to keep them on track throughout their academic experience

### 3. Make the learning relevant

- a. Encourage students to intentionally build relational links between prior understanding of material, and the material that is currently being learned
- b. Invite students to make connections between personal goals and the goals of the portfolio assignment
- c. Ask students to find relationships between: assignments, assignments and lived experiences, courses in programs of study, among disciplines, and among assignments and experiences as they relate to learning outcomes/goals
- d. Ask students to make connections/identify relationships between the learning experiences and their real-world lives

### 4. Define reflection as a form of learning

- a. Invite students to bring in ideas from multiple sources and to get their hands dirty by putting ideas together
- b. Ask students to reflect on what matters (and provide clear goals for doing so)
- c. Remember that learning is social make it a conversation



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d. Make risk okay – encourage and value risk taking in the context of an assignment (design choices, artifact selection, strategies for defining connections, etc.)

### 5. Scaffold strong ePortfolio skills

- a. Include experiences that facilitate and lead up to an ePortfolio assignment
- b. Provide clear guidance that helps to focus students on important issues
- c. Create opportunities for students to practice or hone reflective skills

### 6. Support effective digital communication

- a. Encourage students to consider their "audience"
- b. Provide students with "design hints" or templates to encourage best practices
- c. Provide learning opportunities that support skills for creating an effective "digital identity"
- d. Ask students to intentionally manage their internet presence by ensuring that it matches who they are, and who they hope to portray themselves as

### 7. Design successful reflective experiences

- a. Create assignment prompts with the end result in mind what do you want students to gain from the reflection?
- b. Inform students about the benefits of ePortfolios why it is and will be helpful or relevant to them
- c. Balance reflective activities with other kinds of assignments
- d. Consider various forms of reflection
- e. Vary the timing of reflective activities (before, during, and after)
- f. Provide timely, validating, practical, and encouraging feedback
- g. Align learning experiences with desired learning outcomes within specific contexts (for relevant portfolio audiences)
- h. Keep it simple (don't radically change everything in your course)

### References:

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