

# Advancing a Culture of Inclusion at DU Through the Neurodiversity Institute

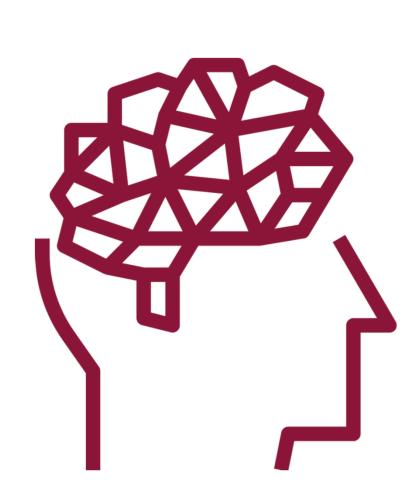
## Jasmine Yap and Leslie D. Cramblet Alvarez



Office of Teaching and Learning – jasmine.yap@du.edu; leslie.alvarez@du.edu

### **Background and Program**



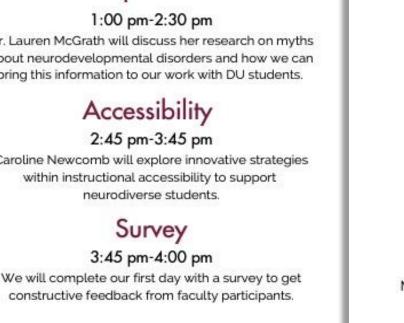


- 1 in 5 students at DU have accommodations for a documented disability
- Many college students do not disclose having a disability to their school
- Internal surveys indicated delivering accommodations were a pain point
- Faculty had misconceptions of what it means to be neurodivergent
- Donor family wanted to "change hearts and minds"

A two-day institute was developed in partnership among the Learning Effectiveness Program, Office of the Vice Provost for Faculty Affairs, and the Office of Teaching and Learning.

#### DAY 1 AGENDA Overview DAY 2 AGENDA We will discuss the goals of the institute along with **Executive Functioning** Introductions Dr. Jasmine Yap will offer a reflective identity activity Universal Design 10:30 am-12:00 pm 9:45 am-10:30 am Jim Bailey will offer a talk on neurodiversity and the Dr. Leslie Alvarez will offer an overview on how Learning Effectiveness Program (LEP). Universal Design for Learning (UDL) principles can support neurodiverse learners. **UDL** Scenarios

1:00 pm-2:30 pm Dr. Lauren McGrath will discuss her research on myths about neurodevelopmental disorders and how we can bring this information to our work with DU students. Accessibility 2:45 pm-3:45 pm Caroline Newcomb will explore innovative strategies within instructional accessibility to support neurodiverse students.



## 10:45 am-12:00 pm Faculty participants will engage with DU classroom scenarios and design UDL approaches. Overview

1:00 pm-1:30 pm Learn about the delliverables assignment which addresses the outcomes of the Institute. Deliverable Planning 1:30 pm- 2:45 pm Meet with Campus Partners and start to formulate your deliverable action plans.

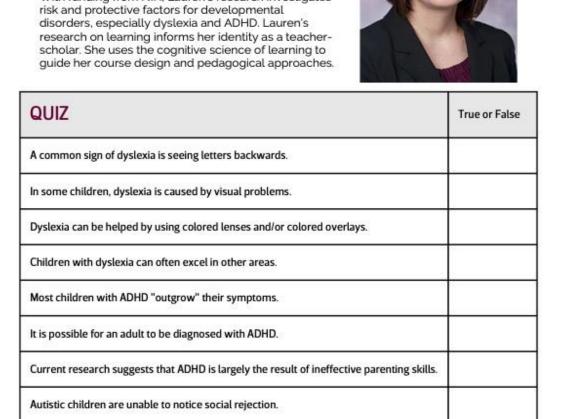


Apply UDL principles to course experiences and design responsive and proactive structures to support and collaborate Advocate for student needs regarding neurodiversity in school/program/department/unit.

**COMMUNITY AGREEMENTS** We will use these agreements during our work with each other over the next two days.

Show respect and suspend judgement.

gender, race, nationality, and moré - through guided conversations proven to build



Psychology Department and Director of the L.E.a.R.N.

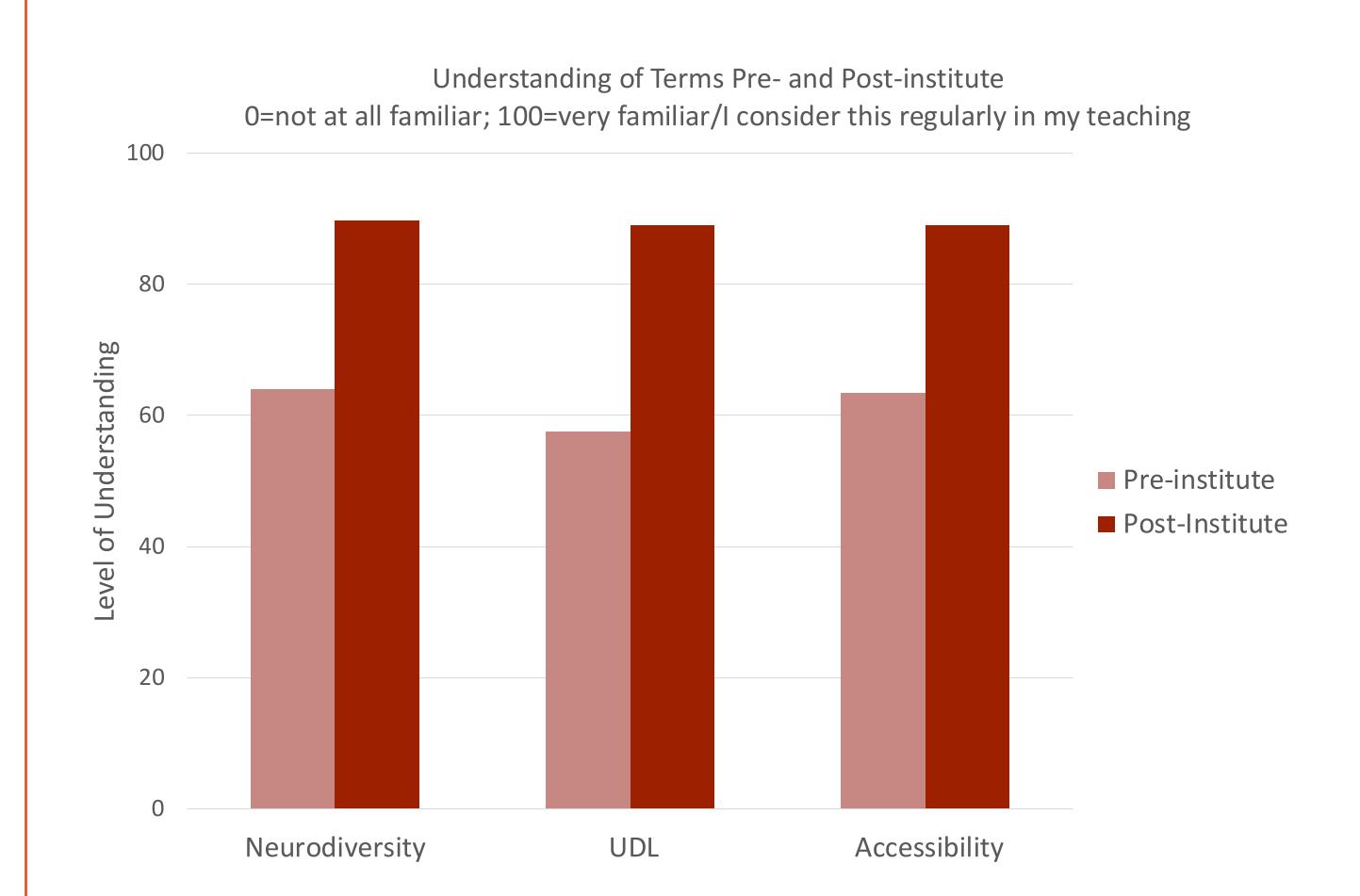
Lab (Learning Exceptionalities and Related

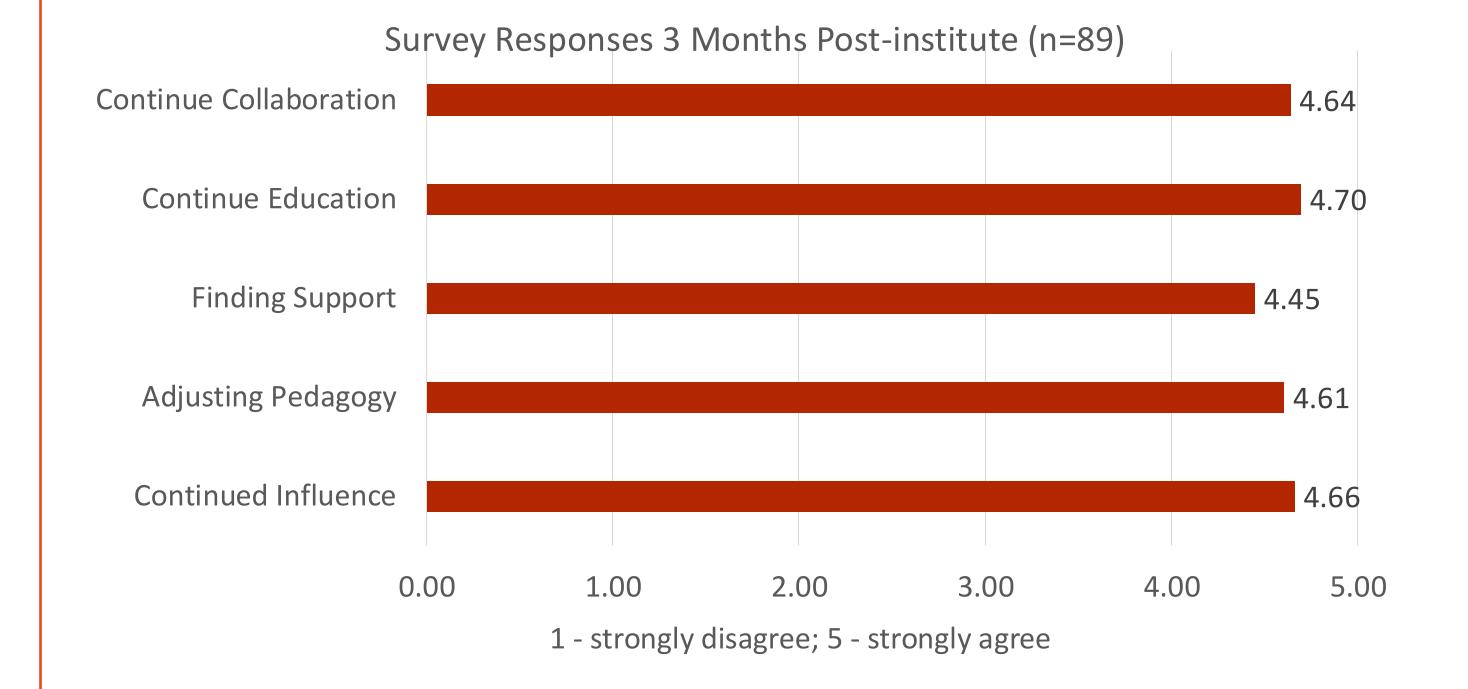
Some autistic children have a special talent or savant skills

There is no programming

### **Impact**

162 faculty and administrators across 36 departments have participated in the institute across 8 sessions. All reported increases in knowledge and a better understanding of the needs of neurodivergent students.







## Faculty Feedback

"The course was my first exposure to Universal Design. I had never before considered how course re-design can, at the same time, benefit neurodiverse students and neurotypical students. Also, that from the professor's perspective, lower the burden of making special accommodations. If the point of teaching is to educate rather than gatekeep, the UDL principles clearly serve that goal.'

"Implementing UDL is not about adding more content or lowering expectations it is about thoughtful course design that anticipates difference. This shift has enhanced my teaching and created a more welcoming learning environment for all students.

"I have put off some things because I am intimidated by the technology, but this training helped me understand the tech much better. I am a person who thinks a lot about neurodivergence and accessibility and I still learned a TON thank you!!"

"The Institute helped me realize how many assumptions I make about students' executive functioning. I'm now more mindful in how I structure assignments."

### Recommendations

- ✓ Create partnerships with allied offices
- ✓ Strategic outreach through working with academic leaders to identify participants
- ✓ Utilize local faculty experts on neurodiversity and UDL
- ✓ Require deliverables including continued work and department engagement
- ✓ Support career advancement by offering a digital credential to highlight faculty learning in Neurodiversity and UDL
- ✓ Public support from academic leaders
- ✓ Encourage deeper learning through Faculty Learning Communities (FLCs) and Communities of Practice (CoPs)
- ✓ Build momentum in your department by attending the NDI as a group and identifying past participants

## **Towards Sustainable Change**

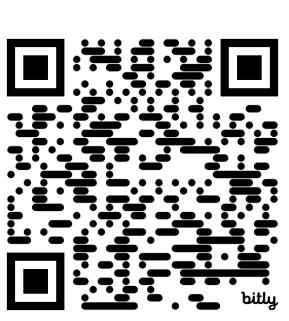
Deliverable	Example
Reflective Growth	<ul> <li>Additional readings</li> <li>Course review with UDL expert</li> <li>Changes to course design &amp; syllabus</li> </ul>
Department Engagement	<ul> <li>Convene a department working group</li> <li>Discussions with colleagues</li> <li>Sharing professional development opportunities</li> <li>Creating learning circles</li> <li>Bringing speakers to department meetings</li> </ul>
Strategic Change	<ul> <li>Creating department policy</li> <li>Graduate student training</li> <li>Developing in-house workshops</li> <li>Including UDL in course proposals</li> <li>Adding inclusivity and accessibility to program mission</li> </ul>

## Acknowledgements

#### Special thanks to:

- Ellen Hogan
- Sarah Mooney
- Jim Bailey Meg Davis
- Lauren McGrath
- The staff of the Office of Teaching and Learning (OTL), the Learning Effectiveness Program (LEP), and Student Disability Services (SDS)
- The DU family for their generous donation that made this institute possible

#### Resources







Instructional

Accessibility